

## Why CMFTP Is Needed In The Charlottesville Area

According to <http://www.city-data.com/>, in 2016 approximately 38.3% of the residents in Charlottesville were below the poverty level as compared to 14.6% statewide. Youth from these families have less opportunities available to them. The result is they are statistically more likely to have low academic achievement, drop out of school, and have health, behavior and emotional issues.

CVILLE MOVEMENT FOR THE PEOPLE offers free traditional Taekwon-Do to empower Charlottesville area youth facing these societal and economic challenges.

Studies show there is a significant positive effect of traditional martial arts on a child's academic performance and a child's physical, emotional and mental well being. This benefits the community, the student's future and future generations of children.

## How You Can Help

Operating a martial arts programs that has its doors open to the community requires resources. Your tax deductible donation allows CMFTP to offer free enrollment and uniforms to students who otherwise cannot afford to participate. The cost for one student is \$90 per month to provide the proper facilities, equipment and teaching of traditional martial arts. A donation of any size it much appreciated.

### Support CMFTP:

- 1) Mail in your tax deductible donation
- 2) Donate online at [www.ibbcv.com](http://www.ibbcv.com)
- 3) Find us on Facebook and spread the word!

## Contact

**Physical Address:**  
**International Black Belt Center**

624 Berkmar Circle  
Charlottesville, Va 22901

**Email:** [cvilletaekwondo@gmail.com](mailto:cvilletaekwondo@gmail.com)

**Phone:** 434.973.8885

**Web:** [www.cvilletaekwondo.org](http://www.cvilletaekwondo.org)

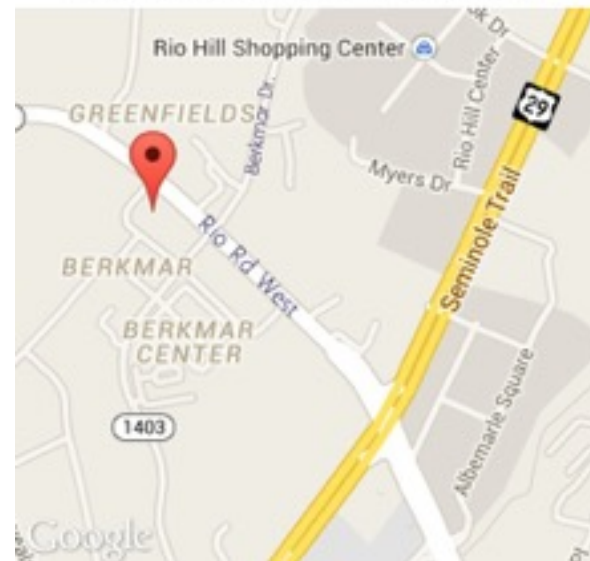
CMFTP is located at The International Black Belt Center in the Berkmar Circle Shopping Center which is located on the corner of Berkmar Drive and Rio Road West.



**INTERNATIONAL BLACK BELT CENTER**

CVILLE MOVEMENT FOR THE PEOPLE

624 Berkmar Circle, Charlottesville Va, 22901



*Taekwon-Do provides aerobic activity that has been shown to boost the immune system and provide protection against childhood obesity, type 2 diabetes, and heart disease.*

## Donate Today!

Should you wish a tax deductible donation, please fill out the following and a receipt will be sent to the given address for deduction on your annual taxes.

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Amount of Donation** \_\_\_\_\_

**Please make you tax deductible donation check payable to:**

CVILLE MOVEMENT FOR THE PEOPLE

**Send this form and donation to:**

Cville Movement for the People  
PO Box 18036  
Richmond, VA 23226

**We thank you for your support!**

If you wish to receive news about upcoming events, fundraisers, info, or scheduling, please indicate here:

Yes, please send me updates and information about future C'ville Movement For the People programs, events and news!

Yes, please contact me on how I can volunteer to help C'ville Movement for the People.

# CVILLE MOVEMENT FOR THE PEOPLE

“Helping Children In Need Through  
Traditional Martial Arts.”



## REASON #1 TO SUPPORT US

Extensive research shows that traditional martial arts stimulates many “intelligences” in its participants. *Choo, J & Jewel, P (2001).*

## REASON #2 WHY IT MATTERS

Traditional martial arts integrates the mind and the body in such a way to maximize focus and concentration. Weiser, M., Kurtz, I. et. al. (1995)

## REASON #3 YOUR GIFT HELPS

Traditional martial arts rate very high in many research studies in improving a person’s capacity at self-regulation.

## REASON #4 MAKE A CHANGE

**HELP IMPROVE AND  
EMPOWER THE LIVES  
OF CHILDREN &  
ADULTS IN  
CHARLOTTESVILLE,  
VIRGINIA!**



## Our Mission

Cville Movement For The People, Inc. is a Virginia 501(c)(3) corporation (“CMFTP”), dedicated to children of underserved families and communities in Charlottesville who may be vulnerable to abuse, neglect, or mistreatment, children with behavioral and/or academic issues, and children desiring to get the physical, emotional and mental benefits from regular participation in a traditional martial arts program. CMFTP offers traditional martial arts programs to the people of the Charlottesville, Virginia area, regardless of ability to pay. CMFTP seeks to improve lives physically and mentally with continuous practice and dedication.



## How the Process Works

CMFTP operates a traditional Taekwon-Do program through one of the oldest martial arts systems, the Kwon Jae-Hwa Federation. This tradition is non-contact, non-competitive and teaches important life tenets. Students who qualify may be referred by parents, schools, health providers, law enforcement, other interested parties, or may choose on their own to participate in CMFTP’s martial arts program. If the student cannot pay (or can partially pay), after CMFTP verifies the financial need, CMFTP, upon application, will enroll the student for free or upon a reduced payment plan for 1 year with continuous renewal options.